

2008 Program

August 30 – November 2

19 sports, 60 events

50 years and older

*To Participate
Is To Win!*

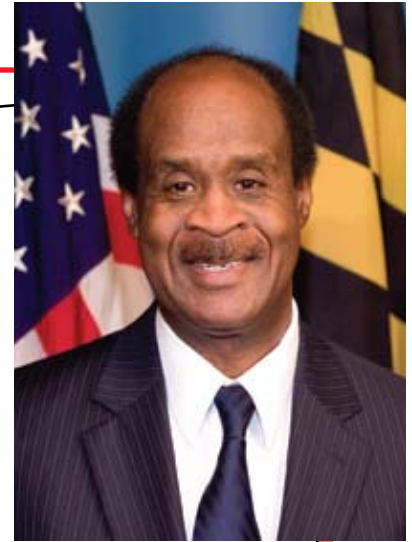
mdseniorolympics.org

From the County Executive



OFFICE OF THE COUNTY EXECUTIVE
ROCKVILLE, MARYLAND 20850

Summer 2008



Dear Friends:

I am extremely proud that this year, Montgomery County will be hosting the Maryland Senior Olympics for the first time. Maryland's program is considered to be one of the top senior athletic competitions in the nation, and after 26 years in Towson, I am excited that this fine tradition will continue here in Montgomery County.

The Maryland games were created in early 1980 through joint efforts of the Baltimore County and Maryland State Commission on Physical Fitness. Over the years, the number of athletes participating has grown from 300 to more than 2,000 last year. The success of early state programs such as Maryland's led to the creation of the National Senior Games in 1985. Maryland has produced numerous national championship teams and individuals through the years.

If you are taking part in these games, I applaud you. Staying active – both physically and mentally – is vital to aging. Senior Olympic games encourage physical fitness in our senior population through competition and, more importantly, camaraderie. As the Maryland Senior Olympics slogan says, "To Participate is to Win!"

If you are visiting Montgomery County to participate in the games, or to cheer on the athletes, we hope you enjoy your time here and have an opportunity to take advantage of some of the many amenities our community has to offer.

Best wishes for a rewarding and successful competition. We look forward to hosting this event for years to come and to establishing a time-honored, popular tradition here in Montgomery County.

Sincerely,

A handwritten signature in blue ink that reads "Isiah Leggett".

Isiah Leggett
County Executive

General Information

PLEASE READ CAREFULLY

REGISTRATION

No On-Site Registration is allowed.

Participation in most of the Maryland Senior Olympics is open only to Maryland residents 50 years of age or older. Maryland Residency is defined as: anyone who lives, works or owns property in Maryland. Also, once you are a Maryland Senior Olympian, you are always a Maryland Senior Olympian and will be welcome to participate regardless of residency. To register for the 2008 games, athletes must return a completed application, signed liability release and appropriate fees. Participation in some events is limited. Incomplete registrations will be returned. Additional registration forms may be photocopied or obtained by visiting our web site at mdseniorolympics.org, or by contacting the Maryland Senior Olympics Office 240-777-8080.

All new athletes must attach a copy of a current Maryland driver's license or MVA ID or proof of eligibility. All athletes must have their driver's license or MVA ID with them at all times during the competition. Providing incorrect information shall disqualify the athlete and/or team from competition — completed or scheduled.

SEXES AND AGE GROUPS

Competition will be conducted in Men's and Women's Divisions in each of the following age groups: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95 plus. If participant numbers are insufficient, age groups may be combined for competition purposes. However, medals will be awarded within each division and age category. For all competitions, your age group is determined by your age as of December 31, 2008.

CANCELLATIONS/RAIN DATES

Olympics officials reserve the right to cancel any event due to insufficient registration and/or to combine age groups if less than five people sign-up in an age group. If an event is canceled, every effort will be made to contact all persons affected prior to the start of the Maryland Senior Olympics. In the event of inclement weather or unusual and extenuating circumstances, Olympics officials reserve the right to cancel or postpone events to a later time of day or another date.

INDIVIDUAL AND TEAM REGISTRATION POLICY

The Maryland Senior Olympics Individual Participant Dues are: \$40 for unlimited participation or \$30 for only three events. Deadline for Registration is August 1, 2008, Registration after this date will be \$60 per person on a space available basis. No registrations accepted after August 15, 2008. Additional costs for golf, road running, cycling and bowling will be assessed separately. (See Registration Form)

All Team Members must complete the Individual Registration Form. Captains must complete the Team Registration Form and include the official's fee. All Members of the Team must have a valid Maryland Drivers license on-site to participate in the Team Event.

Officials Fees are: Basketball \$40; Volleyball \$50; Softball \$80.





OPEN PIT EVENTS

Participants may compete at any point during the scheduled time, thus allowing athletes to schedule other events during time periods. Competitions will close at designated times and delays may be expected. Medals will be distributed at the completion of the event.

FOOD

You are welcome to bring your own food. The participants are responsible for their own meals; see the Maryland Senior Olympics 2008 Individual Registration Form for special meal options for golf only.

AWARDS

Medals will be presented to the first-, second-, and third-place finishers in each age group for each event. Ribbons will be given to fourth-, fifth-, and sixth-place finishers. Ties will be broken by standards governing each individual and team competition. Awards will be presented immediately following each event at the event site or may be picked up at the Maryland Senior Olympics Offices, 12900 Middlebrook Road, Germantown, Maryland. It is the responsibility of the participant to pick up awards. Awards will not be mailed.

CONFIRMATION OF ENTRY

Confirmation of your registration will be mailed to you in early September. You must bring your confirmation with you to central registration as well as to all of your event check-ins.

RULES

Participants are required to provide their own equipment for the events entered, except where specified in an event's special instructions. For Rule Details, visit our website at mdseniorolympics.org.

REFUND POLICY: Half of the registration fee and all of the additional fees will be refunded if registration is withdrawn in writing at least two weeks prior to participant's first competition date. No requests can be honored after that date.

Summer National Senior Games rules listed on mdseniorolympics.org.

Special thanks to our program partners



Maryland SoccerPlex

Participation

The Maryland Senior Olympics Commission requests that every athlete consult their physician to evaluate his or her physical condition and determine one's safe level of competition. To assist in this endeavor, the Commission has rated the various events within the Maryland Senior Olympics as high and medium risk. Participants may select and enter as many events as their schedule will allow. However, only two events of high risk may be scheduled per day.

Note: any athlete not reporting to an event on time may be disqualified. There will be no switching of events on day of competition. Participating in an event that you are not pre-registered for will result in disqualification.

HIGH-RISK PARTICIPATION

These events require an extensive level of physical fitness and training. Do not engage in these events unless:

1. You are already actively participating in an event of this nature on a regular basis (a minimum of 3 times a week for at least one year);
2. Your doctor's consent has been given if you have been diagnosed as having high blood pressure, heart disease, respiratory conditions or orthopedic disorders.

High-risk events: all aquatic events, badminton (singles), all cycling events, racquetball, tennis (singles), all team sports, all track events: 100M, 200M, 400M, 800M, 1500M, 5K, 10K.

MEDIUM-RISK PARTICIPATION

These events require less extensive physical conditioning, but have some risk due to their highly competitive nature. Do not engage in an event of this caliber unless:

1. You have been actively involved in a similar event for the past six months.
2. You have your doctor's consent if you have been diagnosed as having high blood pressure, heart disease, respiratory conditions, or orthopedic disorders.

Medium-risk events: archery, badminton doubles, basketball floor and foul shooting, billiards, bowling, golf, horseshoes, lawn bowling, line dancing, shuffleboard, table tennis, tennis (all doubles), and all field events: discus, high jump, javelin, pole vault, running long jump, shot put, standing long jump, triple jump, and all race walks.

TEAM SPORTS COMPETITION

Four team sports are included in the Maryland Senior Olympics: 3-3 half-court basketball; line dance; softball; and volleyball. All team sports competition is divided into six age groups: 50-54, 55-59, 60-64, 65-69, 70-74 and 75 plus. The age division will be determined by the youngest member of the team as of December 31, 2008. No roster substitutions will be permitted after the registration deadline.

All Team Members, Non-Playing Coaches and Bench Personnel must do the following:

1. Submit a signed individual registration form with payment to the Maryland Senior Olympics.
2. Indicate all team and individual events which you are registering for on the original registration form.

Team Captains must do the following:

1. Complete and sign the Team Roster Form.
2. Submit a check per team for officials prior to competition. Basketball \$40, Softball \$80 and Volleyball \$50.

EVENT CHECK-IN



You will be provided with general information, gratuity distribution. In addition, every athlete must check-in with the event coordinator 30 minutes prior to each event at the event location.



Franklin Square Hospital Center

Georgetown University Hospital

Good Samaritan Hospital



Harbor Hospital

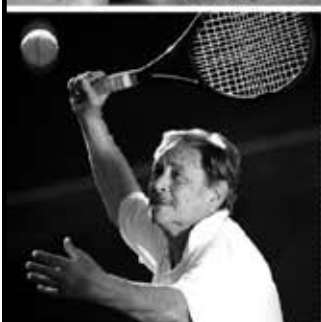
Montgomery General Hospital

National Rehabilitation Hospital

Union Memorial Hospital



Washington Hospital Center



The Official Medical Provider of the Maryland Senior Olympics.

To receive your MedStar SportsHealth ID card for senior olympians, call 1.888.44SPORT (77678).



**MedStar
SportsHealth**

www.medstarsportshealth.org



Young at heart. And in the joints and spine.

Discover our expanded Joint and Spine Centers.

If you suffer from a bone disorder or injury, Holy Cross Hospital provides the full range of state-of-the-art care, with a special emphasis on joints and the spine. As Maryland's second largest hospital, our skilled team of experts performs more than 2,500 orthopedic procedures each year. We begin with an accurate diagnosis, then create individualized treatment plans, both surgical and non-surgical. Should you require a joint replacement or complex spine surgery, we get you back on your feet with coordinated nursing care, pain management and both physical and occupational therapy. To learn more about our joint and spine services, visit holycrosshealth.org or call 301.754.8800.

1500 Forest Glen Road, Silver Spring, MD 20910
301-754-7000 — holycrosshealth.org

HC
HOLY CROSS HOSPITAL
Joint Center | Spine Center

Schedule of Events 2008

All events will pertain to both men and women unless otherwise indicated. Don't forget to stop by central registration to pick up your gratuity. Event check-in will take place with the coordinator 30 minutes prior to the event at the event location. Check-in and gratuity pick up will take place at each off-site event site.

Swimming

SPORT	ORDER OF EVENTS	Germantown Indoor Swim Center	DATE	BEGINS	RISK
Swimming	100 Yard Freestyle	Saturday Morning Session I	10/11/08	7:00am warmup	High
Swimming	200 Yard Individual Medley			8:00am events	High
Swimming	50 Yard Breaststroke				High
Swimming	50 Yard Freestyle				High
Swimming	100 Yard Butterfly				High
Swimming	200 Yard Backstroke	Saturday Afternoon Session II	10/11/08		High
Swimming	200 Yard Breaststroke			4:00pm warmup	High
Swimming	200 Yard Freestyle			5:00pm events	High
Swimming	50 Yard Backstroke				High
Swimming	100 Yard Breaststroke				High
Swimming	50 Yard Butterfly				High
Swimming	100 Yard Backstroke				High
Swimming	100 Yard Individual Medley				High
Swimming	500 Yard Freestyle				High

Track & Field

SPORT	EVENT	PG Sports & Learning Complex	DATE	BEGINS	RISK
Track and Field	1-Mile Recreational Walk		9/20/08	9:00am	Medium
Track and Field	1-Mile Precision Walk				Medium
Track and Field	1,500 Meter Race Walk				Medium
Track and Field	100-, 200-, 400-, 800-Meter Dash				High
Track and Field	1,500 Meter Run				High
Track and Field	High Jump				Medium
Track and Field	Running Long Jump				Medium
Track and Field	Men & Women Standing Long Jump				Medium
Track and Field	Triple Jump				Medium
Track and Field	Men Discus				Medium
Track and Field	Women Discus				Medium
Track and Field	Men Shot Put				Medium
Track and Field	Women Shot Put				Medium
Track and Field	Football, Frisbee and Softball Throw			Open	Medium
Track and Field	Hammer Throw				Medium
Track and Field	Javelin				Medium
Track and Field	Pole Vault Competition				Medium
Track and Field	Weight Throw				Medium

A more precise time schedule for each age group will be available for all events in September.

Please go to mdseniorolympics.org after Labor Day to see the time for your age group in the Track & Field events.

Other Events

SPORT*	EVENT	LOCATION	DATE	TIME	RISK
Archery	Men & Women	Genesee Valley Outdoor Learning Center	9/28/08	10:00am	Medium
Badminton	Singles, Doubles, Mixed	Germantown Community Center	9/6/08 9/7/08	9:00am-6:00pm noon-6:00pm	High
Basketball	Shooting for Time	East County Community Center	9/13/08	9:00am	Medium
Basketball	All Ages, 3-on-3	Marilyn J. Praisner Center	9/13/08	9:00am	High
Basketball	Floor and Foul	East County Community Center	9/13/08	9:00am	Medium
Billiards	All Ages	Margaret Schweinhaut Center	9/16/08	11:00am	Medium
Bowling	Ten Pin, Singles, Ages 50-69	Brunswick Normandy Lanes	9/8/08	9:00am	Medium
Bowling	Ten Pin, Singles, Ages 70 +	Brunswick Normandy Lanes	9/8/08	1:00pm	Medium
Bowling	Ten Pin, Doubles, All Ages	Brunswick Normandy Lanes	9/9/08	9:00am	Medium
Bowling	Ten Pin, Mixed Doubles, All Ages	Brunswick Normandy Lanes	9/9/08	1:00pm	Medium
Bowling	Duck Pin	White Oak Bowling Lanes	9/26/08	9:00am	Medium
Bowling	Duck Pin	AMF Southwest Lanes	9/26/08	1:00pm	Medium
Cycling*	Church Creek 5K Time Trial	Dorchester High School	8/9/08	7:00am	High
Cycling*	Church Creek 10K Time Trial	Dorchester High School	8/9/08	following	High
Golf*	Men & Women	Laytonsville Golf Course (Tee Times)	10/20/08	8:00am	Medium
Golf*	Chipping/Putting	Laytonsville Golf Course (Open)	10/20/08	8:00am	Medium
Horseshoes	All Ages, Singles	Centennial Park	10/6/08	9:00am	Medium
Lawn Bowling	Singles	Leisure World	9/14/08	9:00am	Medium
Lawn Bowling	Doubles	Leisure World	9/13/08	1:00pm	Medium
Lawn Bowling	Triples	Leisure World	9/13/08	9:00am	Medium
Line Dancing	All Ages	Charlestown Retirement Community	9/12/08	11:00am	Medium
Racquetball*	Women, Singles & Doubles	Supreme Sports Club	10/7/08	9:00am	High
Racquetball*	Men, Singles & Doubles	Supreme Sports Club	10/7/08	9:00am	High
Running	Rockville 10K Run	King Farm Village Center	11/2/08	8:30am	High
Running	Kentlands/Lakelands 5K Run	Kentlands Community Foundation	8/30/08	8:00am	High
Shuffleboard	All Ages	Leisure World	9/14/08	1:00pm	Medium
Softball	Men & Women	Olney Regional Park	9/25-28/08	8:30am	Medium
Table Tennis	All Ages, Singles	MD Table Tennis Association	9/20/08	9:00am	Medium
Table Tennis	All Ages, Doubles	MD Table Tennis Association	9/20/08	9:00am	Medium
Tennis*	All Ages, Singles	Olney Regional Park	9/20-21/08	10:00am	High
Tennis*	All Ages, Doubles	Olney Regional Park	9/20-21/08	10:00am	Medium
Tennis*	All Ages, Mixed Doubles	Olney Regional Park	9/20-21/08	10:00am	Medium
Volleyball	Men & Women	Discovery Center-Soccerplex	9/28/08	9:00am	High

*Specific starting times will be mailed upon completion of registrations. Please check website mdseniorolympics.org for event details.

MSO Event Addresses

AMF Southwest Lanes
4991 Fairview Avenue
Linthicum, MD 21090

Brunswick Normandy Lanes
8419 Baltimore National Pike
Ellicott City, MD 21043

Centennial Park
10000 Route 108
Ellicott City, MD 21042

Charlestown Retirement
Community
715 Maiden Choice Lane
Catonsville, MD 21228

Dorchester High School
2475 Cambridge Bypass
Cambridge, MD 21622

Discovery Center-Soccerplex
18031 Central Park Circle
Boysd, MD 20841

East County Community Center
3310 Gateshead Manor Way
Silver Spring, MD 20904

Genesee Valley
Outdoor Learning Center
1717 Rayville Road
Parkton, MD 21120

Germantown
Community Center
18905 Kingsview Road
Germantown, MD 20874

Germantown Indoor Pool
18000 Central Park Circle
Boysd, MD 20841

Kentlands Community
Foundation
267 Kentlands Boulevard
Gaithersburg, MD 20878

King Farm Village Center
King Farm Boulevard &
Pleasant Drive
Rockville, MD 20850

Laytonsville Golf Club
7130 Dorsey Road
Laytonsville, MD 20882

Leisure World
3701 Rossmoor Boulevard
Silver Spring, MD 20906

Margaret Schweinhaut Center
1000 Forest Glen Road
Silver Spring, MD 20901

Marilyn J. Praisner Center
14906 Old Columbia Pike
Burtonsville, MD 20866

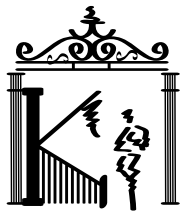
MD Table Tennis Association
Carrolltown Center Mall
6400 Ridge Road
Eldersburg, MD 21784

Olney Regional Park
16601 Georgia Avenue
Olney, MD 20832

Prince George's
Sports & Learning Complex
8001 Sheriff Road
Landover, MD 20785

Supreme Sports Club
7080 Deepage Drive
Columbia, MD 21045

White Oak Bowling Lanes
11207 New Hampshire Avenue
Silver Spring, MD 20904



15th Annual Kentlands/Lakelands 5K Run, Walk and Kids Fun Runs

Saturday, August 30, 2008

Hosted by the Kentlands Community Foundation in partnership with the City of Gaithersburg

The 15th Annual Kentlands/Lakelands 5K Race will serve as the Opening Event of the 2008 Maryland State Senior Olympic Games, and as the sole qualifying opportunity for athletes to qualify in the 5K event for the 2009 National Senior Olympic Games.

This USATF Certified 5K course winds through the award-winning and scenic New Urbanist neighborhoods of the Kentlands and Lakelands of Gaithersburg, Maryland, featuring two water stops and live entertainment along the course. Not only is it the area's largest 5K Race, but the event allows its charitable host, the Kentlands Community Foundation, to make a big impact on the lives of local residents in need.

REGISTRATION

All Maryland State residents age 50 or older as of December 31, 2008 will automatically be entered to compete as a Maryland State Senior Olympic entrant in this year's race.

QUALIFICATION

The top three male and female finishers in age groups 50-54, 55-59, 60-64, 65-69 and 70+ will qualify to compete in the 2009 National Senior Olympic Games in San Francisco, California. Registration for this Race opens June 15th.

Please note: The registration fees associated with this event allow entrance into the Maryland State Senior Olympic's 5K event only. Additional registration fees apply for participation in other Maryland State Senior Olympic events.

To register online or to download an entry form for this event, please go to www.kentlands.org.



Sunday, November 2, 2008 • 8:30 a.m.

King Farm Village Center

King Farm Blvd. and Pleasant Drive

"Official Maryland Senior Olympics - 10K Qualifier"

Register Early and Save Online

\$30 by October 24 • \$33 by November 1 • \$35 on Race Day

Hosted by

City of Rockville Mayor and Council and Department of Recreation and Parks

Presented by: Regency Centers & King Farm Village Center

- Register online: www.MCRRRC.org
- Race benefits the Rockville Recreation Fund and Maryland Senior Olympics
- Race management provided by the Montgomery County Road Runners Club
- For more information, please call 240-314-8620.

Maryland Senior Olympics

2008 INDIVIDUAL REGISTRATION FORM

<u>PLEASE PRINT CLEARLY</u>		<i>Please check if this is a new address</i> <input type="checkbox"/>	
Last Name	First Name (No Nicknames Please)	MI	
Street Address		City	State Zip County (AA, PG)
Birth Date (Month/Day/Year)	Telephone Number (Daytime)	E-Mail	
/ /	() -		
Emergency Contact Name	Relationship (Spouse, Sibling, Etc.)	Telephone Number	
		() -	

Gender: () Male () Female
 Status: () Returning Athlete () New Athlete

Were you a Professional or Olympic athlete? () Yes Year(s): _____
Event/Team _____ **Awards:** _____

NEW PARTICIPANTS must enclose a copy of a valid MD **Driver's License** or **MVA ID** [Expires ____]
 Everyone must present a valid Driver's License or MVA ID at the Games (Age will be calculated as of December 31, 2008)

Medical Information: (Medications, allergies, surgeries, conditions, etc.) Please list or attach a summary:

Participant Dues: (Choose Only 1)	Fees	Number	Amount
Registration for Unlimited – Non Team Events (prior to August 1)	\$ 40.00	N/A	\$
THREE EVENT ONLY DISCOUNT REGISTRATION*	\$ 30.00	N/A	\$
Late Registration: After August 1, 2008 but prior to August 15, 2008 (space permitting)	\$ 60.00	N/A	\$
Additional Costs: (Optional - Complete all that apply)			
Ten Pin Bowling: Set Circle: [Singles \$5 – Doubles \$5 - Mixed Doubles \$5]	\$ 5.00	#	\$
Duck Pin Bowling: Set Circle: [Singles \$6 - Doubles \$6 - Mixed Doubles \$6]	\$ 5.00	#	\$
Golf Fee (walking)	\$ 24.00	#	\$
Golf Fee (with cart)	\$ 39.00	#	\$
Golf Course Lunch Ticket – (Sandwich, Chips and Soda) # ____ x \$6.00	\$ 6.00	#	\$
2008 Souvenir T-Shirt: (Size - S M L XL XXL)	\$ 8.00	#	\$
Your tax deductible additional donation is greatly appreciated!	\$		\$
		TOTAL	\$

To register for cycling go to mdseniorolympics.org or email registration@abrtcycling.com

Team Event Prices are listed on the Team Roster Form.

*An Event is defined as 1 activity. (Separate events are: Tennis Singles, Tennis Doubles, 50 Yard Backstroke, 100 Yard Backstroke, Basketball Floor, Basketball Foul, Bowling Singles, Bowling Doubles, Cycling 5K, Cycling 10K, etc.)

HAVE YOU REMEMBERED TO:

1. Complete **BOTH SIDES** of the Registration Form?
2. Read the rules and format for each event for which you are registering?
3. Check the daily schedule for changes and to avoid conflicts?
4. Check the Risk Level of each event? (ONLY 2 HIGH RISK EVENTS PER DAY except Swimming)
5. **SIGN the liability waiver on the back of this form?**
6. Enclose a check or money order payable to Maryland Senior Olympics? **Do not send cash.**
7. MAIL TO: Maryland Senior Olympics, 12900 Middlebrook Road, Germantown, MD 20874.
8. Postmark all registration materials by **Deadline: August 1, 2008.** Incomplete entries will be returned.

FOR OFFICE USE ONLY- Date Rec'd _____ Check # _____ Check Amount \$ _____ # of Events _____

Please list: Risk Level (**ONLY 2 HIGH RISK PER DAY- except for Swimming**) ; Time of Event (**ONLY 1 EVENT PER TIME**) ; Your best Time, Score, or Distance for All Swimming , Golf and Track and Field Events ; partner name when appropriate. Teams Must submit separate Team Registration Form prior to deadline.

[illegible]

5K/10K Running and Cycling have a separate registration process. Please do not register on this form. Call 240-777-8080 to receive specific registration information or visit mdseniorolympics.org.

LIABILITY WAIVER:

The Maryland Senior Olympics Commission LTD strongly recommends that participants consult their physicians regarding practice, preparation, and competition in the Senior Olympics program.

I, the undersigned participant, shall and will save and keep harmless and indemnify the Maryland Senior Olympics Commission, Ltd., Montgomery County and all other sponsors, volunteers or any of their agents or employees from and against any and all liability and claims which I may have and/or persons through me may have, such as a spouse or children, for damages of any kind or nature, including but not limited to personal injuries or death caused in whole or in part by the negligent acts of omission or commission by said indemnities acting independently or jointly in the sponsorship, conduct or operation of the 2008 Maryland Senior Olympics.

I have prepared myself for the event(s) which I have entered by practicing prior to the Maryland Senior Olympics. To the best of my knowledge and belief, I have no physical restrictions which would prohibit my participation in the events that I have selected. The Maryland Senior Olympics Commission LTD has my permission to have a physician attend me if deemed necessary during my participation in the Maryland Senior Olympics.

I have read and understand all the information contained in the official form and the Risk Criteria as listed in the Maryland Senior Olympics registration form, which must be met in order to compete in the 2008 Maryland Senior Olympics. Fraudulent statements on this application will result in disqualification. The Maryland Senior Olympics Commission LTD reserves the right to photograph participants for publicity purposes.

Signature of Participant:_____ **Date:**_____

TEAM ROSTER FORM

2008 Maryland Senior Olympics Team Captains must complete both sides.

TEAM ROSTER FORM

TEAM NAME: _____

SPORT: (circle one) Basketball-\$125 Softball-\$275 Volleyball-\$175 Line Dancing-\$10pp/Maximum-\$60

AGE GROUP*: (circle one) 50-54 55-59 60-64 65-69 70-74 75+ **SEX:** (circle one) MEN WOMEN

** Age of team will be determined by the age of the youngest player as of December 31, 2008*

	Name-last, first	Address-street, city, state, zip, county	Birth Date	T-shirt \$8/pp (S, M, L, XL, XXL)
Captain				
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NP				
NP				
NP = Non Playing Personnel				

DATE RECEIVED: _____ **CHECK #** _____ **Amount \$** _____

Mail check payable to Maryland Senior Olympics, 12900 Middlebrook Rd Germantown MD 20874

DEADLINE: AUGUST 1, 2008

Any player with a medical history: surgeries, medications, diseases-diabetes, high blood pressure, etc., should attach a statement to the roster.
New Participants – attach a photocopy of “proof of residency” (ie-driver’s license) to the roster.

Team Name-_____ **Team Captain-**_____ **Phone#-**_____

LIABILITY WAIVER-

The Maryland Senior Olympics Commission LTD strongly recommends that participants consult their physicians regarding practice, preparation, and competition in the Senior Olympics program.

I, the undersigned participant, shall and will save and keep harmless and indemnify the Maryland Senior Olympics Commission, Ltd., other sponsors, volunteers or any of their agents or employees from and against any and all liability and claims which I may have and/or persons through me may have, such as a spouse or children, for damages of any kind or nature, including but not limited to personal injuries or death caused in whole or in part by the negligent acts of omission or commission by said indemnities acting independently or jointly in the sponsorship, conduct or operation of the 2008 Maryland Senior Olympics.

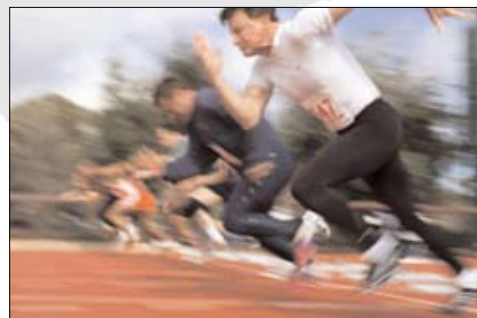
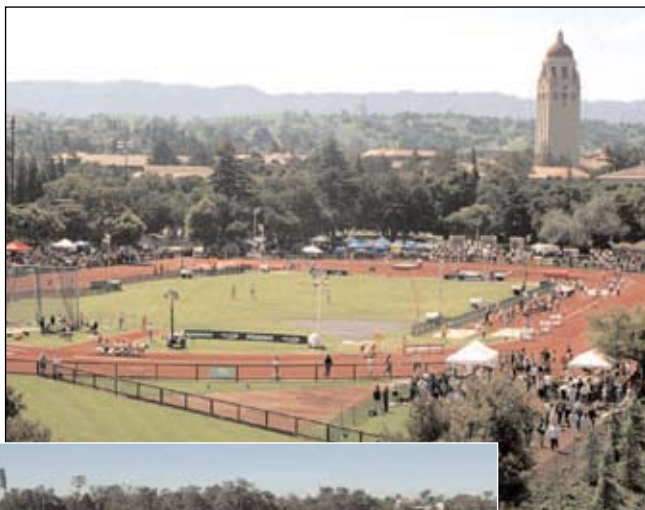
I have prepared myself for the event(s) which I have entered by practicing prior to the Maryland Senior Olympics. To the best of my knowledge and belief, I have no physical restrictions which would prohibit my participation in the events that I have selected. The Maryland Senior Olympics Commission LTD has my permission to have a physician attend me if deemed necessary during my participation in the Maryland Senior Olympics.

I have read and understand all the information contained in the official form and the Risk Criteria as listed in the Maryland Senior Olympics' registration form, which must be met in order to compete in the 2008 Maryland Senior Olympics. Fraudulent statements on this application will result in disqualification..

The Maryland Senior Olympics Commission LTD reserves the right to photograph participants for publicity purposes.

Print Name (NP=Non Playing, Max 3)	Signature	Phone	Email
Captain			
2			
3			
4			
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(NP)			
(NP)			
(NP)			

Compete in 2009 and leave your heart in San Francisco.



**Extraordinary Stanford University venues,
14,000 athletes and 25 sports,
including 7 demonstration sports:
equestrian, fencing, lawn bowling,
rowing, sailing, soccer
and water polo**



PRESENTED BY
HUMANA

To compete in 2009, you must qualify
at the State Championships in 2008.

www.2009seniorgames.org

You can be part of the Maryland Senior Olympics . . . and not even break a sweat!



**Help us turn your
silver into Senior
Olympic Gold.**

Sponsorship levels include:

Platinum Patron - \$500

Gold Patron - \$100

Silver Patron - \$50

Bronze Patron - \$25

Patron - \$10

We also have partnership opportunities for corporations! Don't miss out on the chance to showcase your products and services to Maryland's most active seniors during the 29th Annual Maryland Senior Olympics.



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